# Prior authorization requirements for members

For groups with 51 or more employees (large group) effective 2022 and after

This employer guide describes prior authorization (PA) requirements which may apply to either network or out-of-network services, or both, depending on the specific benefit category and product listed in the table on the subsequent pages.

This overview is intended only to highlight benefits and should not be relied upon to fully determine coverage. Brokers, customers and members should refer to the Certificate of Coverage (COC) for a complete listing of services, limitations, exclusions and a description of all the terms and conditions of coverage. If any information contained in this overview conflicts in any way with the COC, the COC prevails.

#### **Network**

Network providers generally are responsible for obtaining prior authorization for network services. However, members are required to notify us regarding the intention to have services for Congenital Heart Disease or Gender Dysphoria surgery. Notification provides the opportunity to enroll in programs designed to help achieve the best outcomes for members.

#### Out of network

Out-of-network providers are not responsible for prior authorization and, therefore, members are required to contact us before receiving the indicated services from out-of-network providers.

### Benefit penalty for no authorization

Depending on the type of service, the amount required to be paid may be increased to 50% of the Allowed Amount, or no benefits will be paid if the member fails to meet their prior authorization requirements. Note: Penalty only applies when the member is responsible for obtaining prior authorization.

In addition to prior authorization requirements, the member may be required to contact us 24 hours before certain out-of-network scheduled admissions, as noted in the table on the subsequent pages. However, the member will not be penalized if this notification requirement is not met.



|  |  | Network only coverage <sup>1</sup> | Networ<br>out-of-n<br>coverage | etwork | Options<br>PPO and<br>non-diff PPO |     | Member out-<br>of-network<br>inpatient<br>notification<br>24 hours | Member PA<br>of notification<br>requirement |          |                       | r penalty<br>re to PA  Benefit increased |
|--|--|------------------------------------|--------------------------------|--------|------------------------------------|-----|--|---|----------|-----------------------|--|
| Service  | Specific services requiring authorization  | In                                 | In                             | Out    | In                                 | Out | before IP admit  | 5 days<br>prior                             | ASAP     | No<br>benefit<br>paid | to 50% of<br>eligible<br>expense         |
| Ambulance services   | Non-emergent air/ground  | N/A                                | N/A                            | М      | М                                  | М   |  |   | <b>✓</b> | <b>✓</b>              |  |
| Cellular and gene therapy                                  | All  | N/A²                               | N/A²                           | М      | M                                  | М   | ~  |   | <b>✓</b> |                       | ✓3                                       |
| Clinical trials  | All  | N/A                                | N/A                            | М      | М                                  | M   |  |   | <b>~</b> | ~                     |  |
| Congenital heart disease                                   | Surgery  | N/A²                               | N/A²                           | M      | M                                  | М   |  |   | <b>✓</b> |                       | <b>~</b>                                 |
| Dental<br>services –<br>accident only                      | All  | N/A                                | N/A                            | N/A    | N/A                                | N/A |  |   |          |                       |  |
| Diabetes services  | Insulin pump greater than<br>\$1,000   | N/A                                | N/A                            | М      | M                                  | М   |  |   | <b>✓</b> | <b>~</b>              |  |
| DME, orthotics and supplies                                | All greater than \$1,000   | N/A                                | N/A                            | М      | M                                  | М   |  |   | <b>✓</b> | <b>✓</b>              |  |
| Emergency services   | All  | N/A                                | N/A                            | N/A    | N/A                                | N/A |  |   |          |                       |  |
| Enteral nutrition  | All  | N/A                                | N/A                            | N/A    | N/A                                | N/A |  |   |          |                       |  |
| Fertility<br>preservation<br>for iatrogenic<br>infertility | All  | N/A                                | N/A                            | М      | M                                  | M   |  |   | <b>~</b> |                       | <b>~</b>                                 |
| Gender<br>dysphoria  | Surgery  | N/A²                               | N/A²                           | M      | M                                  | М   | ~  |   | <b>~</b> |                       | <b>~</b>                                 |
| Habilitative services                                      | IP admit only  | N/A                                | N/A                            | M      | M                                  | М   | ~  | <b>~</b>                                    |          |                       | <b>~</b>                                 |
| Home health care   | All  | N/A                                | N/A                            | M      | M                                  | М   |  | <b>✓</b>                                    |          |                       | <b>~</b>                                 |
| Hospice  | IP admit only  | N/A                                | N/A                            | М      | М                                  | M   | ~  | <b>~</b>                                    |          |                       | <b>~</b>                                 |
| Hospital inpatient   | All admits   | N/A                                | N/A                            | М      | М                                  | М   | <b>~</b>   | <b>✓</b>                                    |          |                       | <b>~</b>                                 |
| Lab, X-ray<br>and diagnostics                              | Genetic testing, sleep studies,<br>stress echocardiography and<br>transthoracic echocardiogram | N/A                                | N/A                            | М      | М                                  | M   |  | <b>~</b>                                    |          |                       | ~  |
| Major diagnostic<br>and imaging –<br>outpatient            | CT, PET scans, MRI, MRA and nuclear medicine, including nuclear cardiology                     | N/A                                | N/A                            | M      | М                                  | M   |  | <b>~</b>                                    |          |                       | ~  |
|  |  |                                    |                                |        |                                    |     |  |   |          |                       |  |

 $<sup>\</sup>textbf{M} = \text{Member responsible for prior authorization} \quad \textbf{N/A} = \text{No member prior authorization is required}$ 



<sup>1</sup> Out-of-network benefits may not apply for certain products. Some examples include: UnitedHealthcare Charter®, UnitedHealthcare Choice, UnitedHealthcare Core Essential and UnitedHealthcare Navigate®.

State mandates and variations from the National Standards can and will take precedence over this summary.

Additional benefits covered by your plan may require prior authorization.

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<sup>&</sup>lt;sup>2</sup> Member notification is required as soon as the possibility of surgery arises. Notification allows us the opportunity to provide additional information and services, and are designed to achieve the best outcomes for the member.

<sup>&</sup>lt;sup>3</sup> The member must obtain prior authorization as soon as the possibility of a Cellular or Gene Therapy arises. If the member does not obtain prior authorization as required, the amount you are required to pay will be increased to 50%.

|   |   | Network only coverage <sup>1</sup> | Network and out-of-network coverage |     | Options<br>PPO and<br>non-diff PPO |     | Member out-<br>of-network<br>inpatient<br>notification | Member PA<br>of notification<br>requirement |          | Member penalty for failure to PA |   |
|---|---|------------------------------------|-------------------------------------|-----|------------------------------------|-----|--|---|----------|----------------------------------|---|
| Service   | Specific services requiring authorization   | In                                 | In                                  | Out | In                                 | Out | 24 hours<br>before IP<br>admit                         | 5 days<br>prior                             | ASAP     | No<br>benefit<br>paid            | increased<br>to 50% of<br>eligible<br>expense |
|   | Inpatient admit including residential treatment facilities  | N/A                                | N/A                                 | М   | М                                  | М   |  | <b>✓</b>                                    |          |                                  | ~   |
| Mental health<br>care and<br>substance-<br>related<br>and addictive<br>disorders<br>inpatient<br>and outpatient | Outpatient services that require prior authorization: partial hospitalization/ day treatment; intensive outpatient treatment programs; outpatient electroconvulsive treatment; psychological testing; transcranial magnetic stimulation; extended outpatient treatment visits, with or without medication management; intensive behavioral therapy, including applied behavior analysis (ABA) | N/A                                | N/A                                 | М   | М                                  | М   |  |   | <b>✓</b> |                                  | <b>✓</b>                                      |
| Ostomy supplies   | All   | N/A                                | N/A                                 | N/A | N/A                                | N/A |  |   |          |                                  |   |
| Pharmaceutical products   | All   | N/A                                | N/A                                 | N/A | N/A                                | N/A |  |   |          |                                  |   |
| Physician office services   | Genetic testing   | N/A                                | N/A                                 | М   | М                                  | M   |  |   | <b>~</b> |                                  | <b>~</b>                                      |
| Preimplantation genetic testing (PGT)   | All   | N/A                                | N/A                                 | М   | M                                  | M   |  |   | <b>~</b> |                                  | <b>~</b>                                      |
| Pregnancy – maternity services  | If exceeds mandated length of stay  | N/A                                | N/A                                 | М   | М                                  | М   |  |   | <b>~</b> |                                  | <b>~</b>                                      |
| Preventive care services  | All   | N/A                                | N/A                                 | N/A | N/A                                | N/A |  |   |          | _                                |   |
| Prosthetic devices  | Greater than \$1,000  | N/A                                | N/A                                 | М   | М                                  | М   |  |   | <b>~</b> | <b>~</b>                         |   |
| Reconstructive procedures   | All   | N/A                                | N/A                                 | М   | М                                  | М   | <b>✓</b>   | <b>✓</b>                                    |          |                                  | ~   |
| Rehabilitation services outpatient  | All   | N/A                                | N/A                                 | N/A | N/A                                | N/A |  |   |          |                                  |   |

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| Service                                  | Specific services requiring authorization  | Network only<br>coverage <sup>1</sup> | Network out-of-n coverage | etwork | Options<br>PPO an<br>non-diff | ıd  | of-network of no requirement of notification 24 hours before IP |          | er PA<br>cation<br>ment |          | er penalty<br>re to PA<br>Benefit<br>increased<br>to 50% of<br>eligible<br>expense |
|--|--|---------------------------------------|---------------------------|--------|-------------------------------|-----|---|----------|-------------------------|----------|--|
| Scopic procedures – outpatient           | All  | N/A                                   | N/A                       | N/A    | N/A                           | N/A |   |          |                         |          |  |
| Skilled nursing facility/inpatient rehab | All  | N/A                                   | N/A                       | М      | М                             | M   | <b>~</b>  | <b>~</b> |                         |          | <b>~</b>   |
| Surgery – outpatient                     | Cardiac catherization, pacemaker insertion, implantable cardioverter defibrillators, diagnostic catherization and electrophysiology implant, and sleep apnea surgery | N/A                                   | N/A                       | M      | M                             | M   |   | <b>~</b> | <b>~</b>                |          | <b>~</b>   |
| Therapeutics – outpatient                | Dialysis, intensity modulated radiation therapy, radiation oncology and MR-guided focused ultrasound   | N/A                                   | N/A                       | М      | M                             | М   |   | <b>~</b> | <b>✓</b>                |          | <b>✓</b>   |
| Transplantation services                 | All  | N/A                                   | N/A                       | M      | М                             | М   | ~   |          | <b>✓</b>                | <b>✓</b> |  |
| Urgent care                              | All  | N/A                                   | N/A                       | N/A    | N/A                           | N/A |   |          |                         |          | -  |
| Urinary catheters                        | All  | N/A                                   | N/A                       | N/A    | N/A                           | N/A |   |          |                         |          |  |
| Virtual care services                    | All  | N/A                                   | N/A                       | N/A    | N/A                           | N/A |   |          |                         |          |  |

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## Contact your UnitedHealthcare representative for more information



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Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates.