



Prevention is the best protection.

A guide to understanding your preventive care benefit.

Qualcomm

 UnitedHealthcare®

Qualcomm encourages its employees and their dependents to take advantage of the many preventive benefits covered by the Qualcomm Health Plan.

It's as easy as 1, 2, 3.

Step 1: Find a network doctor. Remember, your preventive care is covered at 100 percent ONLY when your doctor is in the UnitedHealthcare or Scripps Premier network. You can find a doctor by visiting myuhc.com® and clicking on “Find Physician or Facility.” It's that easy! You can search by name, location or specialty.

You can also call your dedicated Qualcomm Customer Service Team at **1-800-861-8417** Monday through Friday, 6 a.m. to 8 p.m. PT and Saturdays, 8 a.m. to 1 p.m. PT and your dedicated Scripps Concierge Customer Service Team at **1-844-884-7266** 24 hours a day, seven days a week. UnitedHealthcare and Scripps advisors can help you locate the right provider for you! We may be able to make an appointment for you.

Step 2: Call to make an appointment. Be sure to let the doctor's office know you're making a preventive care appointment. This will help you avoid billing problems later.

Step 3: Give your doctor's office the “Guide to Preventive Care Billing” included on page four of this document. This guide will help your doctor submit your preventive care claims correctly to UnitedHealthcare. Correct billing by your doctor will ensure that you are not charged for preventive services.



Preventing disease and detecting health issues at an early stage is essential to living a healthy life.

As you reach certain age milestones in your life, make sure you're aware of the medical tests and screenings you should have. If you have a family history of a particular condition, it's best to talk with your doctor to determine the right age to begin tests and screenings.

Make the most of your preventive care appointment.

Regular preventive care can help you:

- Detect health problems early.
- Make them easier to treat.
- Help reduce your risk for disease.

Early detection of a condition just might save your life.

Do your homework.

Jot down your questions ahead of time and prioritize your list.

Transfer previous medical records (if necessary).

Sending your medical and hospital records to your new physician will help the transition and will allow both of you to focus on the most important issues.

Use the buddy system.

Your friend or relative can take notes so that you can focus on what the doctor is saying, and the two of you can confer after the visit to make sense of the doctor's advice.

Don't be shy.

There's evidence that patients who ask questions, politely interrupt when necessary, and clearly explain how their symptoms affect their everyday lives have better outcomes than timid patients.



Share this page with your doctor.

Preventive care codes.

Accurate coding for preventive care services is critical to accurate payment.

Message to your doctor: The following is a list of preventive care services and their billing codes for Qualcomm members enrolled in a UHC QDHP, Premier QDHP or Premier PPO health plan. Please code all preventive treatments appropriately to ensure proper claim processing. For more information, reference the Coverage Determination Guideline (CDG) at cdg.uhc4health.com or call **1-800-861-8417**.



It can be challenging to change billing codes once claims are processed, so remember to speak with your nurse or doctor during your appointment.

Annual Exam and Well-Child Visits	99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99461, G0402, G0438-G0439, G0445, S0610, S0612, S0613
Skin Exam – Office Visit Only	Annual skin cancer screening with a dermatologist is allowed as preventive. This must be self-identified. Please contact customer service if you have a skin exam and the claim is applied to the deductible/out of pocket.
Preventive Lab	Lab work done within 10 days of an annual exam will be allowed as preventive regardless of diagnosis or age requirements.
Pelvic or Breast Exam, Pap Smear	88141-88143, 88147-88148, 88150, 88152-88153, 88155, 88164-88167, 88174-88175, G0101, G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148, P3000, P3001, Q0091, 0500T, 87624, 87625, G0476
Mammogram	Sample codes include: 77063, 77067. The first mammogram (2D or 3D) of the calendar year is covered as preventive. Follow-up services will be processed based on how they are billed.
Colonoscopy	Sample codes include: 44388, 44389, 44392, 44394, 45378, 45380, 45381, 45384, 45385, 44391, G0105, G0120, G0121, G0328. For a full list of codes, reference the CDG. The first service of the calendar year is covered as preventive. Follow-up services will be processed based on how they are billed.
Colon Cancer Screening	00812, 45330, 45331, 45333, 45338, 82270, 82274, 88304, 88305, G0104-G0106, G0120-G0122, G0328, 74263
BRCA (Genetic Testing for Hereditary Breast and/or Ovarian Cancer Syndrome)	Covered as preventive regardless of family history or diagnosis. 81162-81167, 81212, 81215-81217
Prostate Cancer Screening	Covered as preventive regardless of age. 84152-84154, G0102, G0103
Lung Cancer Screening	G0296, G0297
Osteoporosis/Bone Density Screening	76977, 77078, 77080, 77081, G0130
Abdominal Aortic Aneurysm Screening	76706
Glaucoma	Prior to a diagnosis of glaucoma. G0117
Prenatal Care	Preventive when billed with normal pregnancy diagnosis. 59425, 59426, 99201-99205, 99211-99215, G0463. For more detailed information, reference the CDG.
Breast Pumps	Personal use electric pump ordered within 30 days of delivery. Please contact Qualcomm Customer Service for available suppliers. E0603
Flu Shot	90471-90474, G0008, 90655-90658, 90660-90668, 90672-90674, 90685-90688, Q2034-Q2039
Vaccinations/Immunizations	Coverage for Advisory Committee on Immunization Practice recommended schedule.
Cholesterol Screening	80061, 82465, 83718, 83719, 83721, 84478, 83722
Blood Draw Codes	36145, 36416
Colorectal Cancer Screening	Ages 50 - 75 years (ends on 76th birthday) – Fecal Occult Blood Testing (FOBT), Sigmoidoscopy, or Colonoscopy. Please see the Coverage Determination Guidelines at cdg.uhc4health.com for specific codes.
Latent Tuberculosis Screening	86480, 86481, 86580, 99211
Preeclampsia Screening	Preeclampsia screening by blood pressure measurement is included in the code for a prenatal care office visit. See the code groups called Prenatal Office Visits, Prenatal Care Visits, and Global Obstetrical Codes listed in the Expanded Women's Preventive Health table below.
Rubella Screening	86762

This high-level overview of preventive benefits under the Qualcomm Health Plan is for informational purposes only. Actual terms of the plan are governed by Qualcomm's legal plan documents.

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