# Got your ID card? Let's get started

If you have your health plan ID card, you're ready to get started. While managing a health plan can be confusing, here's where it gets easier. Use this checklist to help take charge of your health—and get more out of your plan. Here's how to get started.

## ✓ Check out myuhc.com®

Log in and use this personalized website to access and manage your health plan details. It's got helpful tools to help you:

- Find and estimate costs for the network care you need
- See what's covered and get information about preventive care
- View claim details and account balances
- Sign up for paperless delivery of your required plan communications

## ✓ Get on-the-go access

When you're out and about, the UnitedHealthcare mobile app puts your health plan at your fingertips. Download it for free to easily access your ID card, find nearby care, check medical balances, claims, and more.

## ✓ Know your network and get engaged

With almost every plan, you'll pay less if you choose doctors, clinics and hospitals in your network. It's easy to check who's in the network by using the provider directory on **myuhc.com** or the UHC apps.

## ✓ Save the Advocate4Me® phone number.

Call or chat with an Advocate about an illness, injury and more. Save the number 1-833-992-0878 to your phone, post it on your fridge or anywhere that's convenient for you.

## ✓ Check out your pharmacy benefits.

OptumRx® is our pharmacy care services manager. Here are cost-effective ways to get your medications within your pharmacy network:

- Visit myuhc.com to see drug costs and coverage. Use our online drug pricing tool or the UHC app to search for lower-cost alternatives.
- Review your Prescription Drug List (PDL).
  - Take note of which medications are covered by your plan.
  - Ask your doctor about trying less expensive medications if you have concerns about the cost of your medications.
  - Check to see if any of your medications have additional requirements, like prior authorizations or step therapy.
- Consider using home delivery for maintenance medications — those you take regularly — to save time. You may even pay less.

## ✓ Get to know your UHC Support Team

**Onsite Health Care Advocates:**

| | |
|---|---|
| Evelyn Giraldo | 561-233-5474 |
| | **Evelyn_Giraldo@uhc.com** |
| Leslie Smalley | 561-233-5463 |
| | **Leslie_Smalley@uhc.com** |

## ✓ See a doctor whenever, wherever

When you're sick and need care quick, a **24/7 Virtual Visit** is a convenient way to start feeling better faster. See and talk to a doctor via mobile device or computer - 24/7, no appointment needed. Access a 24/7 Virtual Visit via the UHC App or **myuhc.com.**

## Learn more

Find more resources at **whyUHC.com/PBCBOCC,** including short videos about starting your plan, using your benefits and managing costs.

**United Healthcare**