



## Get support for your precious delivery.

If you're thinking about having a baby or have one on the way, the **Maternity Support Program** is here to provide information and support — throughout your pregnancy and after giving birth.

When you enroll in the program, you'll be able to work with a maternity nurse who is available to answer your questions and help you with things like:

- Choosing a doctor or nurse midwife, and help you with finding a pediatrician or other specialist
- Information to help you take care of yourself and the health of your baby — even if your pregnancy is considered high-risk
- Support to help you manage your health — physically and emotionally — before and after your baby is born

**Whatever your journey, we're here to help.**

**Get started today.**



**1-888-246-7389**

[myuhc.phs.com/maternitysupport](https://myuhc.phs.com/maternitysupport)

Monday-Thursday, 8:00 a.m.–8:00 p.m. and Friday,  
8:00 a.m.–5:00 p.m. Central Time

This service is available at no extra cost as part of  
your benefit plan. (TTY: **711**)



**Download now: the UnitedHealthcare Healthy Pregnancy<sup>SM</sup> app.**

- Track milestones.
- Set reminders.
- Get daily tips.
- Find resources.



Available from the App Store<sup>®</sup> or Google Play<sup>™</sup>.



**This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room.** The information provided through this service is for your information only. It is provided as part of your health plan. Program nurses and other representatives cannot diagnose problems or suggest treatment. This program is not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. This is not an insurance program and may be discontinued at any time.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

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## 24-hour help is a phone call away.

After you enroll in the program, you can call our maternity nurses 24 hours a day to ask questions or talk over your concerns. Call **1-888-246-7389\*** toll-free whenever you choose. After delivery, many moms still find they need support or answers to their questions. Experienced nurses who can answer your questions are available to talk by phone, even after your baby is born.

## Enroll at your convenience.

To get the most from the program, it's best to enroll during the first trimester of your pregnancy. But you can enroll whenever you like, up through the end of your pregnancy.

## Enroll today, and get rewarded.

Maricopa County rewards you when you participate and complete the Healthy Pregnancy Program. Upon completion, you will be eligible to receive:

- > \$500 incentive if you enroll by the end of your first trimester; or
- > \$250 incentive if you enroll by the end of your second trimester

Your incentive will be sent to your home address. Please allow seven to eight weeks to receive your payment upon completion of your program.



**Call 1-888-246-7389\* toll-free**  
Monday through Friday,  
8 a.m. to 8 p.m. CST.



**Visit [myuhc.phs.com/maternitysupport](https://myuhc.phs.com/maternitysupport)** for more information.

**Remember**  
to add your new baby  
to your health coverage  
immediately after birth.



Access for questions and concerns is available 24/7, however program enrollment is limited to specific times.

This program follows national practice standards from the Institute for Clinical Systems Improvement. The Healthy Pregnancy Program cannot diagnose problems or recommend specific treatment. The information provided is not a substitute for your doctor's care.

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