Benefits designed with care

Use this guide to review the **UnitedHealthcare SignatureValue® Harmony HMO** plan, learn about plan benefits and more

2022 Open Enrollment

United Healthcare | CalPERS

Review your Harmony HMO plan option

The UnitedHealthcare SignatureValue Harmony HMO plan is designed to help simplify your health care experience, connect you to quality care and deliver lower costs. You'll also get access to tools, resources and services to help you take charge of your health and get more out of your plan.

Health plan details	SignatureValue Harmony HMO
Network coverage only You may save money when you receive care for covered benefits from network providers.	✓
Primary care physician (PCP) required* You and each enrolled person on your plan will need to choose a PCP.	✓
Referrals required You'll need referrals from your PCP before seeing a specialist or getting certain health care services.	✓
Pharmacy benefits administered by OptumRx® You'll be able to order up to a 3-month supply of medications you take regularly and have them delivered right to your home.	✓
One-stop call resolution You'll have access to a dedicated call center for answers to all of your questions about care, benefits and coverage, including referrals and claims.	✓

* Laws in some states allow you to choose a specialist, like an OB/GYN as your PCP. Sign in to uhc.com/CalPERS to see the providers in your network.

Explore more benefits that are part of the plan

UnitedHealthcare's digital tools and online resources help make managing your health—and health plan—easier and more convenient. Here are just a few examples of what's included.

Real Appeal

Lose weight, feel great

Connect with a community of support with Real Appeal®, an online weight loss program designed to inspire healthier behaviors. It includes group coaching sessions, 24/7 access to videos, tools to track your progress and more.

UnitedHealthcare app

Get on-the-go access

When your health plan's right at your fingertips, you can manage your benefits anytime, anywhere. Use the UnitedHealthcare® app to find nearby care, video chat with a doctor 24/7, see claims and view your health plan ID card.

myuhc.com

Your hub for plan details

Built to help you manage your plan 24/7, **myuhc.com®** gives you access to all your plan info in one place, so you can find care, see what's covered, manage your claims and so much more.

Nurse Line

Chat with a nurse anytime

Call **1-800-370-3526,** TTY **711,** to reach a nurse 24 hours a day, 7 days a week. For international callers: **1-866-592-2365.**

Rally

Rewards for well-being

Have fun and get healthier with Rally®. Get personalized support to help you achieve your health goals, join missions and complete activities to earn Rally Coins that you can use for a chance to win rewards.

Virtual Visits

Get care, virtually anywhere

With Virtual Visits, you can chat with a health care provider by computer or mobile device.* Doctors can diagnose and treat common, nonemergency conditions—from seasonal flu to pinkeye.

* Data rates may apply.

Review your plan coverage details

Health plan details	SignatureValue Harmony HMO
Medical copays and coinsurance	**You pay**
Deductible	
Employee	N/A
Family	N/A
Out-of-pocket limit	
Employee	$1,500
Family	$3,000
Lifetime maximum	Unlimited
Doctors and specialists	
Doctor visit	$15 copay
Specialist visit	$15 copay
Chiropractic/acupuncture	$15 copay
Virtual Visits	$15 copay
Preventive care	
Well-child visits	No charge
Mammogram	No charge
Immunizations	No charge
Annual physical	No charge
Urgent and emergency care	
Urgent care visit	$15 copay
Emergency room	$50 copay
Ambulance	No charge
Hospital care	
Outpatient surgery	No charge
Lab and X-ray	No charge
Hospital stay	No charge
Maternity stay	No charge
Mental health and substance use	
Outpatient visits	$ 15 copay
Inpatient visits	No charge
Prescription drugs (offered through OptumRx®)	**You pay**
Retail pharmacy	
Generic	$5
Brand formulary	$20
Non-formulary	$50
Mail-order pharmacy	
Generic	$10
Brand formulary	$40
Non-formulary	$100

This information does not replace your official health plan documents. Please see your official health plan documents for all coverage details, including limitations and exclusions. For complete pharmacy coverage details, visit optumrx.com/CalPERS or call 1-855-505-8110, TTY 711.

Search the Harmony HMO network to find doctors and hospitals

The Harmony HMO plan requires you to select a PCP for you and each family member covered under your plan. Your PCP is your health guide—someone who can help connect you to the care you need and help you avoid cost surprises. Go to **uhc.com/CalPERS** to browse network PCPs.

Enjoy freedom of choice

With the SignatureValue Harmony network, you'll have more choices in more neighborhoods. Choose from 13,092 providers and 144 primary hospitals[1] in Los Angeles, Orange, San Bernardino, San Diego and Riverside counties. The SignatureValue Harmony network includes these physician groups:

- AppleCare
- PrimeCare
- Empire Physicians Medical Group
- Valley Physicians Network
- Optum
- Sharp
- Monarch HealthCare
- UC San Diego Health
- Primary Care Associates

Participating medical groups*

Group name	DEC #
Los Angeles County	
AppleCare Medical Group Downey	015967
AppleCare Medical Group St Francis	014692
AppleCare Medical Group Whittier	021736
AppleCare Medical Group Select	025327
HealthCare Partners IPA Bixby Knolls	028435
HealthCare Partners IPA Arcadia	028404
HealthCare Partners IPA East Los Angeles	028399
HealthCare Partners IPA East West	028411
HealthCare Partners IPA Glendale	028401
HealthCare Partners IPA Little Company of Mary	028436
HealthCare Partners IPA Long Beach	028454
HealthCare Partners IPA Los Angeles County	028393
HealthCare Partners IPA Montebello	028388
HealthCare Partners IPA Northridge	028416
HealthCare Partners IPA Pasadena	028410
HealthCare Partners IPA San Fernando Valley	028423
HealthCare Partners IPA San Fernando Valley West	028460
HealthCare Partners IPA South Bay	028417
HealthCare Partners Medical Group	028459
HealthCare Partners Medical Group – Talbert Medical Group	028463
HealthCare Partners Medical Group Long Beach	028455
HealthCare Partners Medical Group Pasadena Main	028391
HealthCare Partners Medical Group San Fernando Holy Cross	028440
HealthCare Partners Medical Group San Fernando Valley	028442
HealthCare Partners Medical Group Santa Anita	028764
HealthCare Partners Medical Group South Bay	028403
HealthCare Partners Medical Group Valencia	028414
Magan Medical Clinic / HealthCare Partners Affiliated Provider Network	028445
Physicians Associates IPA/ HealthCare Partners Citrus	028428
Physicians Associates IPA/ HealthCare Partners Glendale	028437
Physicians Associates IPA/ HealthCare Partners Huntington	028434
Physicians Associates IPA/ HealthCare Partners Methodist	028451
Physicians Associates IPA/ HealthCare Partners San Dimas	028419
Physicians Associates IPA/ HealthCare Partners Gabriel	028422

Group name	DEC #
Orange County	
HealthCare Partners IPA South Coast	028461
HealthCare Partners Arta	029878
HealthCare Partners Medical Group Talbert Orange County	028427
Monarch HealthCare	021963
Riverside County	
Empire Physicians Medical Group Inc.	018657
PrimeCare of Citrus Valley	021243
PrimeCare of Corona	005232
PrimeCare of Hemet Valley	009023
PrimeCare of Moreno Valley	003111
PrimeCare of Riverside	008331
PrimeCare of Sun City	004140
PrimeCare of Temecula	006657
Valley Physicians Network	026405
San Bernardino County	
PrimeCare of Chino	004661
PrimeCare of San Bernardino	019383
PrimeCare of Inland Valley	006045
PrimeCare of Redlands	001026
San Diego County	
Cassidy Medical Group	014748
Primary Care Associated Medical Group	006039
Primary Care Associated Medical Group/Encinitas	016223
Sharp Rees-Stealy Medical Group	001035
Sharp Community Medical Group	004395
Sharp Community/Chula Vista	006129
Sharp Community Medical Group – Grossmont	006130
Sharp Community/Coronado	014128
Sharp Community/Inland North	014174
Sharp Community/Graybill	015882
SCMG Arch Healthpartners	028360
SCMG Graybill North Coastal	025448
UCSD Medical Group Harmony	031402
UCSD Medical Group, Affiliates – Harmony	031407

*For the most up-to-date listing of participating medical groups near you, visit **uhc.com/CalPERS** or call our customer service team at **1-877-359-3714.**

Now you're ready to roll

Review your option(s)

Now that you've had some time to review all the details, you're ready to enroll in the plans that fit you best.

Get ready for coverage to begin

While waiting for your plan's start date, you can search the network for providers near you at **uhc.com/CalPERS.**

Say hello to your benefits

Watch the mail for your welcome kit and health plan ID card—then go to **myuhc.com** and download the UnitedHealthcare app to stay connected.

An easier way to get the most out of your benefits

Throughout the plan year, you can sign in to **myuhc.com** and use the UnitedHealthcare app to see what's covered, view average costs, find network providers and more.

We're here to help

Get even more info about your option(s)

uhc.com/CalPERS
1-877-359-3714, TTY **711**

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[1] Network counts accurate as of April 2021.

Real Appeal is a voluntary weight loss program that is offered to eligible members at no additional cost as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Results, if any, may vary. Any items/tools that are provided may be taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

The UnitedHealthcare® app is available for download for iPhone® or Android®.

iPhone is a registered trademark of Apple, Inc.

Android is a registered trademark of Google LLC.

Rally® Health provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the health survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

Virtual Visits phone and video chat with a doctor are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

Laws in some states allow you to choose a specialist, like an OB/GYN, as your PCP. Sign in to uhc.com/CalPERS to see the providers in your network.

Health plan coverage provided by or through UnitedHealthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by United Healthcare Services, Inc., OptumRx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).

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