



Benefits designed with care

Use this guide to review the
UnitedHealthcare SignatureValue®
Alliance HMO plan, learn about
plan benefits and more



2023 Open Enrollment



uhc.com/calpers






United
Healthcare



CalPERS

Review your Alliance HMO plan option

The UnitedHealthcare SignatureValue Alliance HMO plan emphasizes patient-centered quality care with the goal of keeping you and your family healthier while helping to reduce your health care costs. With this plan, there is no additional cost for preventive care, and you'll have access to on-site, one-stop care. Key details are included in the charts on the next few pages.

Health plan details		SignatureValue Alliance HMO
	Network coverage only You may save money when you receive care for covered benefits from network providers.	✓
	Primary care physician (PCP) required* You and each enrolled person on your plan will need to choose a PCP.	✓
	Referrals required You'll need referrals from your PCP before seeing a specialist or getting certain health care services.	✓
	Pharmacy benefits administered by Optum Rx® You'll be able to order up to a 3-month supply of medications you take regularly and have them delivered right to your home.	✓
	One-stop call resolution You'll have access to a dedicated call center for answers to all of your questions about care, benefits and coverage, including referrals and claims.	✓

With a PCP, there's a doctor in your corner

Your primary care physician (PCP) is your health guide—someone who can help connect you to the care you need and help you avoid cost surprises. Your health plan option requires you to select a network PCP** for you and each covered family member.

More good reasons to have a PCP



They know your health history and health goals.



They provide routine care, such as annual checkups, which may help identify potential health issues earlier.



They advise you when to see a specialist and provide referrals if needed.***

* Laws in some states allow you to choose a specialist, like an OB/GYN as your PCP. Sign in to [uhc.com/CalPERS](#) to see the providers in your network.
** Some health plans may allow you to choose a facility rather than a doctor as your PCP. Some states allow you to choose a specialist, like an OB/GYN, as your PCP.
*** Some health plans may require a referral prior to seeing another network physician or specialist.

It's so easy to connect to your plan

With UnitedHealthcare, you get personalized digital tools that help you check in on your plan whenever you want—which makes it easier to stay on top of your benefit details.



myuhc.com

Your online hub for plan details

Built to help you manage your plan 24/7, **myuhc.com®** gives you access to all your plan info in one place, so you can:

- Find and price care
- See what's covered
- View claim details
- Check your plan balances
- Find network doctors



UnitedHealthcare app

Your app for on-the-go access

When your health plan's right at your fingertips, you can manage your benefits anytime, anywhere. Download the UnitedHealthcare® app to:

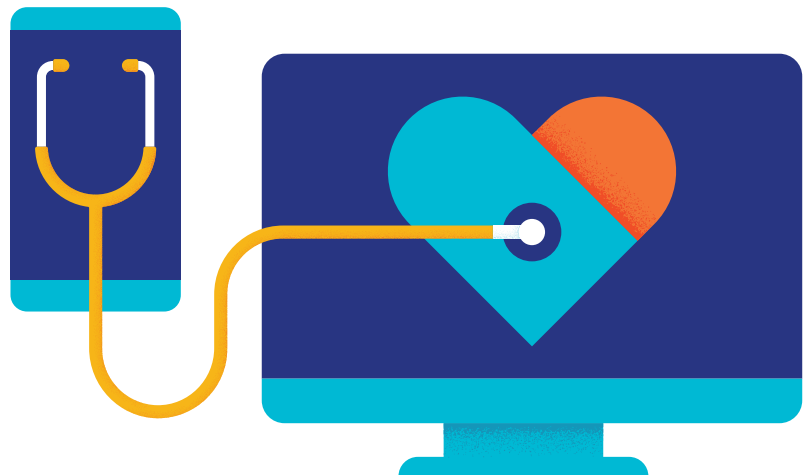
- Find nearby care options in your network
- See your claim details and view progress toward your deductible
- View and share your health plan ID card
- Video chat with a doctor 24/7



Get answers to your health care questions

Navigating health care is easier when you know who to call. Your UnitedHealthcare Customer Service team is here to help you:

- Improve your health, manage a chronic condition and understand complex medical issues
- Understand how your health plan works
- Get answers about a recent claim or how much you can expect to pay
- Find a network provider, get a new ID card or save on health care costs—and much more
- Call Customer Service at **1-877-359-3714** for help with questions about your health plan and benefits



Explore more benefits that are part of the plan

UnitedHealthcare's digital tools and online resources help make managing your health—and health plan—easier and more convenient. Here are just a few examples of what's included.



Real Appeal

Lose weight, feel great

Connect with a community of support with Real Appeal®, an online weight-loss program designed to inspire healthier behaviors. It includes group coaching sessions, 24/7 access to videos, tools to track your progress and more.



Maternity Support

Support throughout pregnancy

If you're thinking about having a baby, or already have one on the way, maternity support is here for you. Get access to resources and tools to help you throughout pregnancy and after delivery. To enroll, visit myuhc.com.



Rally

Rewards for well-being

Have fun and get healthier with Rally®. Get personalized support to help you achieve your health goals, join Missions and complete activities to earn Rally Coins that you can use for a chance to win rewards.



UnitedHealthcare Hearing

Hear life to the fullest

Access 2,000+ name-brand models and styles of hearing aids at significant savings through UnitedHealthcare Hearing. Choose virtual care with hearing aid home delivery or in-person care at more than 5,500 hearing providers nationwide.



Quit For Life

Quit tobacco for good

If you're ready to quit tobacco, Quit For Life® can help. You'll get 1-on-1 support, a quit guide, access to a members-only website, help deciding if medication is right for you and, if you qualify, nicotine-replacement therapy.



Nurse Line

Chat with a nurse anytime

Call **1-800-370-3526**, TTY **711**, to reach a nurse 24 hours a day, 7 days a week. For international callers: **1-866-592-2365**.



24/7 Virtual Visits

Get care, virtually anywhere

With 24/7 Virtual Visits, you can chat with a health care provider by computer or mobile device.* Doctors can diagnose and treat common, nonemergency conditions—from seasonal flu to pinkeye.



Behavioral Health

Support for emotional well-being

Receive confidential support for everyday challenges or more serious issues. Find the care that works for you using self-service apps or scheduling virtual or in-person therapy.

* Data rates may apply.

Review your plan coverage details

Once you've enrolled, your PCP will be your first source for care and can coordinate any specialty care you may need. Age-appropriate preventive care services are covered for routine wellness exams, well-child exams, mammograms, flu shots and other immunizations when provided through your PCP.

Health plan details	SignatureValue Alliance HMO
Medical copays and coinsurance	You pay
Deductible	
Employee	N/A
Family	N/A
Out-of-pocket limit	
Employee	\$1,500
Family	\$3,000
Lifetime maximum	Unlimited
Doctors and specialists	
Doctor visit	\$15 copay
Specialist visit	\$15 copay
Chiropractic/acupuncture	\$15 copay
Virtual Visits	\$15 copay
Preventive care	
Well-child visits	No charge
Mammogram	No charge
Immunizations	No charge
Annual physical	No charge
Urgent and emergency care	
Urgent care visit	\$15 copay
Emergency room	\$50 copay
Ambulance	No charge
Hospital care	
Outpatient surgery	No charge
Lab and X-ray	No charge
Hospital stay	No charge
Maternity stay	No charge
Mental health and substance use	
Outpatient visits	\$ 15 copay
Inpatient visits	No charge
Prescription drugs (offered through Optum Rx)	You pay
Retail pharmacy	
Generic	\$5
Brand formulary	\$20
Non-formulary	\$50
Mail-order pharmacy	
Generic	\$10
Brand formulary	\$40
Non-formulary	\$100

Search the Alliance HMO network to find your PCP

The Alliance HMO plan requires you to select a PCP for you and each family member covered under your plan. Your PCP is your health guide—someone who can help connect you to the care you need and help you avoid cost surprises. Go to uhc.com/CalPERS to browse network PCPs.

Enjoy freedom of choice

The medical groups in the Alliance HMO network have been selected for their technology and consistent level of quality care. Choose from 35,281 physicians and 258 hospitals.¹ The SignatureValue Alliance network includes these physician groups:

	AppleCare Medical Group		Memorial Care Medical Group
	Brown & Toland Physicians		Monarch HealthCare Medical Group
	Coastal Communities Physicians Network		Optum Care Network
	EPIC Health Plan		PrimeCare Medical Network, Inc.
	Greater Newport Physicians		Santé Community Physicians
	Heritage Provider Network		Scripps Clinic
	Hill East Bay Alliance		Sutter Health



Participating medical groups*

Group name	Group #
Alameda County	
Brown and Toland Physicians – East Bay	028466
Hill Physicians East Bay	028669
Palo Alto Medical Foundation	012140
Sutter East Bay Medical Foundation	020637
Sutter East Bay Medical Foundation – Diablo Division	024058
Contra Costa County	
Hill Physicians East Bay	028669
Sutter East Bay Medical Foundation – Diablo Division	024058
Fresno County	
Santé Community Physicians	016405
Santé Community Physicians	016406
Kern County	
Bakersfield Family Medical Group	004209
Heritage Physician Medical Group	007665
Kings County	
Santé Community Physicians	016405
Santé Community Physicians	016406
Los Angeles County	
AppleCare Medical Group Downey	015967
AppleCare Medical Group Select	025327
AppleCare Medical Group St Francis	014692
AppleCare Medical Group Whittier	021736
Chaffey Medical Group	027892
Fenix Medical Group	029490
Heritage High Desert	3804
Heritage Provider Network	12977
Korean American Medical Group	019863
Lakeside Medical Group Central – Burbank/N Hollywood (Heritage)	24664
Lakeside Medical Group Central – Central Valley (Heritage)	24670
Lakeside Medical Group Central – Glendale (Heritage)	24662
Lakeside Medical Group Central – N Valley (Heritage)	24671

Group name	Group #
Los Angeles County (cont.)	
Lakeside Medical Group Central – Santa Clarita (Heritage)	24677
Lakeside Medical Group Central – Verdugo Hills (Heritage)	24681
Lakeside Medical Group East – Glendora (Heritage)	24674
Lakeside Medical Group East – Pomona (Heritage)	24679
Lakeside Medical Group East – San Gabriel Valley (Heritage)	24686
Lakeside Medical Group East – West Covina (Heritage)	24675
Lakeside Medical Group West – Agoura Hills (Heritage)	24672
Lakeside Medical Group West – Tarzana (Heritage)	24684
Lakeside Medical Group West – West Hills/ Canoga Park (Heritage)	24683
Optum Care Network – Arcadia	028404
Optum Care Network – Burbank/Glendale	028401
Optum Care Network – East LA	028399
Optum Care Network – East West	028411
Optum Care Network – Long Beach	028454
Optum Care Network – LA County	028393
Optum Care Network – Lcom	028436
Optum Care Network – Montebello	028388
Optum Care Network – Northridge	028416
Optum Care Network – Pasadena	028410
Optum – Magan Medical Clinic	028445
Optum – Pasadena Main	028391
Optum – San Gabriel	028764
Optum Care Network – San Dimas	028419
Optum Care Network – SGV	028422
PrimeCare Medical Group Chino Valley	004661
Regal Medical Group Burbank-Glendale	017556
Regal Medical Group Central Valley	012410
Regal Medical Group Covina	017778
Seoul Medical Group, Inc	019881

*For the most up-to-date listing of participating medical groups near you, visit uhc.com/CalPERS or call our customer service team at 1-877-359-3714.

Participating medical groups* (continued)

Group name	Group #	Group name	Group #
Los Angeles County (cont.)		Riverside County	
Regal Medical Group Downey	017547	Beaver Medical Group	027825
Regal Medical Group East San Gabriel Valley	017555	Desert Oasis Healthcare	021796
Regal Medical Group Glendale Physicians Association	023187	Family Seniors Medical Group	014899
Regal Medical Group Long Beach	017552	Hemet Community Medical Group	014586
Regal Medical Group Los Angeles	014163	Menifee Valley Community Medical Group	015031
Regal Medical Group San Gabriel Valley	014888	PrimeCare of Citrus Valley	021243
Regal Medical Group St. Francis	017551	PrimeCare of Corona	005232
Regal Medical Group West Valley	017554	PrimeCare of Hemet Valley	009023
Regal Medical Group Whittier	017550	PrimeCare of Moreno Valley	003111
Sierra Clinic	023023	PrimeCare of Riverside	008331
Sierra IPA	023025	PrimeCare of Sun City	004140
Sierra Medical Group Santa Clarita	029357	PrimeCare of Temecula	006657
Madera County		Redlands – Yucaipa Medical Group	027828
Santé Community Physicians	016405	Regal Medical Group Riverside	021553
Santé Community Physicians	016406	Regal Medical Group Temecula	020950
Marin County		Temecula Valley Physicians Medical Group	021941
Brown & Toland Medical Group	026920	Tri-Valley Medical Group	026432
Merced County		Valley Physicians Network	026405
Sutter Gould Medical Foundation/ Gould Medical Group	029365	Sacramento County	
Orange County		Sutter Independent Physicians	005204
ADOC Fountain Valley	025400	Sutter Medical Foundation/ Sutter Medical Group	005200
ADOC Los Alamitos	025401	San Bernardino County	
Edinger Medical Group	026621	Alliance Desert Physicians	024628
Greater Newport Physicians – Long Beach	026678	Beaver Medical Group	027825
Greater Newport Physicians – Orange Coast	026695	Chaffey Medical Group	027892
Greater Newport Physicians – Saddleback	025679	Fenix Medical Group	029490
Memorial Care Medical Group	025679	Lakeside Medical Group East – Pomona	024679
Monarch HealthCare	021963	Pinnacle Medical Group	027850
Optum Care Network – Arta Health	029878	PrimeCare of Inland Valley	006045
Optum Care Network – Orange County	028427	PrimeCare of Redlands	001026
Optum Care Network – South Coast	028461	PrimeCare of San Bernardino	019383
Regal Medical Group Caduceus	019793	Redlands – Yucaipa Medical Group	027828
Seoul Medical Group Orange County	029550	Regal Medical Group APSI	020670
Regal Medical Group Orange County	018831	Regal Medical Group Chino Hills	017553
Placer County		Regal Medical Group San Bernardino	020668
Sutter Independent Physicians	005204	Sierra Medical Group – Santa Clarita	029357
Sutter Medical Foundation/ Sutter Medical Group	005200	VVIPA Medical Group	028857

*For the most up-to-date listing of participating medical groups near you, visit uhc.com/CalPERS or call our customer service team at 1-877-359-3714.

Participating medical groups* (continued)

Group name	Group #	Group name	Group #
San Diego County		Stanislaus County	
Mercy Physicians Medical Group – Scripps Care Affiliate	026282	Sutter Gould Medical Foundation/ Central Valley Medical Group	029354
Primary Care Associates Medical Group – Scripps Care Affiliate	026443	Sutter Gould Medical Foundation/ Gould Medical Group	029350
Rady Childrens Health Network	028561	Sutter Gould Medical Foundation/ Gould Medical Group	029358
Scripps Clinic	003682		
Scripps Coastal Medical Center	023659	Ventura County	
Scripps Physicians Medical Group	005375	Lakeside Medical Group Simi Valley	024682
San Francisco County		Lakeside Medical Group Thousand Oaks	024678
Brown & Toland Medical Group	026920	Regal East Ventura County	021557
PAMF Mills Peninsula	005200	Regal West Ventura County	022251
Sutter Pacific Medical Foundation Sutter West Bay Medical Group	32247	Yolo County	
San Joaquin County		Sutter Medical Foundation	009695
Sutter Gould Medical Foundation/ Gould Medical Group	029361		
Sutter Gould Medical Foundation/ Gould Medical Group	029356		
Sutter Gould Medical Foundation/ Gould Medical Group	029364		
San Luis Obispo County			
Coastal Communities Physician Network	028856		
San Mateo County			
Brown & Toland Medical Group	28087		
Mills Peninsula Medical Group	025525		
Palo Alto Medical Foundation	024896		
Santa Clara County			
Palo Alto Medical Foundation	012140		
Palo Alto Medical Foundation	023856		
Silicon Valley Medical Dev	031727		
Santa Cruz County			
Palo Alto Medical Foundation	023859		
Solano County			
Sutter Medical Foundation/ Sutter Medical Group	024365		
Sonoma County			
Sutter Pacific Medical Foundation/ Sutter Medical Group of The Redwoods	024624		

* For the most up-to-date listing of participating medical groups near you, visit uhc.com/CalPERS or call our customer service team at 1-877-359-3714.

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Now you're ready to roll

Review your option(s)

Now that you've had some time to review all the details, you're ready to enroll in the plans that fit you best.

Get ready for coverage to begin

While waiting for your plan's start date, you can search the network for providers near you at uhc.com/CalPERS.

Say hello to your benefits

Watch the mail for your welcome kit and health plan ID card—then go to myuhc.com and download the UnitedHealthcare app to stay connected.



An easier way to get the most out of your benefits

Throughout the plan year, you can sign in to myuhc.com and use the UnitedHealthcare app to see what's covered, view average costs, find network providers and more.

We're here to help

Get even more info about your option(s)

uhc.com/CalPERS

1-877-359-3714, TTY 711



United Healthcare

¹ Network counts accurate as of April 2022.

Rally® Health provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the health survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

Virtual Visits phone and video chat with a doctor are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

Real Appeal® is a voluntary weight loss program that is offered to eligible participants as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Any items/tools that are provided maybe taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

Laws in some states allow you to choose a specialist, like an OB/GYN, as your PCP. Sign in to uhc.com/CalPERS to see the providers in your network.

Health plan coverage provided by or through UnitedHealthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by United Healthcare Services, Inc., OptumRx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).

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