

## ENROLLMENT

# Your benefit plan details are here.

### CalPERS 2020 Open Enrollment

Use this guide to review the UnitedHealthcare SignatureValue® Alliance HMO plan. Inside you can check out the plan details, learn about other benefits and more. Ready?

### Let's get started.

- 1 Review your health plan.
- 2 Review your network and PCP details.
- 3 Enroll.



Want to learn more about the plan?  
**[uhc.com/CalPERS](https://uhc.com/CalPERS)**



Prefer to talk to a person? We're here to help.  
**1-877-359-3714**

**Ready  
to dive in?**

**Here  
we go.**







# 1 Review your Alliance HMO plan.

The UnitedHealthcare SignatureValue Alliance HMO plan emphasizes patient-centered quality care with the goal of keeping you and your family healthier while helping to reduce your health care costs. With this plan, there is no additional cost for preventive care, and you'll have access to on-site, one-stop care. To review the key details, see the chart on the next page.

It's all in the details.

Let's break it down.

HEALTH PLAN DETAILS		SignatureValue Alliance HMO
	<b>Network coverage only</b> You can save money when you receive care for covered benefits from network providers.	[✓]
	<b>Primary care physician (PCP) required</b> With this plan, you need to select a PCP—the doctor who plays a key role in helping manage your care. Each enrolled person on your plan will need to choose a PCP.	[✓]
	<b>Referrals required</b> You'll need referrals from your PCP before seeing a specialist or getting certain health care services.	[✓]
	<b>Pharmacy benefits</b> Order up to a 3-month supply of medications you take regularly and have them delivered right to your home.	[✓]

## More benefits that are part of the plan.

UnitedHealthcare's digital tools and online resources help make managing your health—and health plan—easier and more convenient. Here are just a few examples of what's included.



### Access your plan easily.

**myuhc.com®** is your personalized health hub. Find a doctor, manage your claims and more.



### Chat with a nurse – 24/7.

Call **1-800-846-4678**, TTY **711** to reach a nurse 24 hours a day, 7 days a week. For international callers: 1-866-592-2365.



### Have fun and get healthier.

With **Rally®**, you get personalized support designed to help you achieve your health goals—and you may earn rewards along the way.



### Connect with a doctor now.

Get care with **Virtual Visits**—anytime, anywhere—on your mobile device\* for medical conditions like pinkeye, the flu and more.

\*Data rates may apply.



## To help you understand the Alliance HMO plan, here are some important things to know:

Once you've enrolled, your PCP will be your first source for care and can coordinate any specialty care you may need. Age-appropriate preventive care services are covered for routine wellness exams, well-child exams, mammograms, flu shots and other immunizations when provided through your PCP.

HEALTH PLAN DETAILS	SignatureValue Alliance HMO
<b>MEDICAL COPAYS AND COINSURANCE</b>	You Pay
<b>Deductible</b>	
Employee	N/A
Family	N/A
<b>Out-of-pocket limit</b>	
Employee	\$1,500
Family	\$3,000
<b>Lifetime maximum</b>	Unlimited
<b>Doctors and specialists</b>	
Doctor visit	\$15 copay
Specialist visit	\$15 copay
Chiropractic/acupuncture	\$15 copay
Virtual Visits	\$15 copay
<b>Preventive care</b>	
Well-child visits	No charge
Mammogram	No charge
Immunizations	No charge
Annual physical	No charge
<b>Urgent and emergency care</b>	
Urgent care visit	\$15 copay
Emergency room	\$50 copay
Ambulance	No charge
<b>Hospital care</b>	
Outpatient surgery	No charge
Lab and X-ray	No charge
Hospital stay	No charge
Maternity stay	No charge
<b>Mental health and substance use</b>	
Outpatient visits	\$ 15 copay
Inpatient visits	No charge
<b>PRESCRIPTION DRUGS (offered through OptumRx®)</b>	You Pay
<b>Retail pharmacy</b>	
Generic	\$5
Brand formulary	\$20
Non-formulary	\$50
<b>Mail-order pharmacy</b>	
Generic	\$10
Brand formulary	\$40
Non-formulary	\$100

This information does not replace your official health plan documents. Please see your official health plan documents for all coverage details, including limitations and exclusions. For complete pharmacy coverage details, visit [optumrx.com/CalPERS](https://optumrx.com/CalPERS) or call 1-855-505-8110, TTY 711.

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## Search the Alliance HMO network to find your PCP.

The Alliance HMO plan requires you to select a PCP for you and each family member covered under your plan at the time of enrollment. Your PCP is your health guide—coordinating your care, helping you avoid unexpected costs and supporting you in achieving your best health.

Go to [uhc.com/CalPERS](http://uhc.com/CalPERS) to find your doctor today.

### Choose a primary care provider (PCP) from the Alliance HMO network.

The following Alliance HMO plan medical groups have been selected for their technology and consistent level of quality care:

	AppleCare Medical Group		Monarch HealthCare Medical Group
	Brown & Toland Physicians		Physicians Choice Medical Group
	Coastal Communities Physicians Network		PrimeCare Medical Network, Inc.
	EPIC Health Plan		Santé Community Physicians
	HealthCare Partners Medical Group		Scripps Clinic
	Heritage Provider Network		Sutter Health
	Hill East Bay Alliance		UCSD Medical Group

## Participating Medical Groups.\*

Group Name	Group #
<b>Alameda County</b>	
Alta Bates Medical Group	028466
Hill Physicians East Bay	028669
Palo Alto Medical Foundation	012140
Sutter East Bay Medical Foundation	020637
Sutter East Bay Medical Foundation – Diablo Division	024058
<b>Contra Costa County</b>	
Hill Physicians East Bay	028669
Sutter East Bay Medical Foundation – Diablo Division	024058
<b>Fresno County</b>	
Santé Community Physicians	016405
Santé Community Physicians	016406
<b>Kern County</b>	
Bakersfield Family Medical Group	004209
Heritage Physician Medical Group	007665
<b>Kings County</b>	
Santé Community Physicians	016405
Santé Community Physicians	016406
<b>Los Angeles County</b>	
AppleCare Medical Group Downey	015967
AppleCare Medical Group Select	025327
AppleCare Medical Group St Francis	014692
AppleCare Medical Group Whittier	021736
Chaffey Medical Group	027892
Fenix Medical Group	029490
HealthCare Partners IPA Arcadia	028404
HealthCare Partners IPA East Los Angeles	028399
HealthCare Partners IPA East West	028411
HealthCare Partners IPA Glendale	028401
HealthCare Partners IPA Little Company of Mary	028436
HealthCare Partners IPA Long Beach	028454
HealthCare Partners IPA Los Angeles County	028393
HealthCare Partners IPA Magan Medical Clinic	028445
HealthCare Partners IPA/Montebello	028388

Group Name	Group #
<b>Los Angeles County (cont.)</b>	
HealthCare Partners IPA Northridge	028416
HealthCare Partners IPA Pasadena	028410
HealthCare Partners Medical Group/ Pasadena Main	028391
HealthCare Partners Medical Group Santa Anita	028764
Heritage High Desert	3804
Heritage Provider Network	12977
Lakeside Medical Group Central – Burbank/N Hollywood (Heritage)	24664
Lakeside Medical Group Central – Central Valley (Heritage)	24670
Lakeside Medical Group Central – Glendale (Heritage)	24662
Lakeside Medical Group Central – N Valley (Heritage)	24671
Lakeside Medical Group Central – Santa Clarita (Heritage)	24677
Lakeside Medical Group Central – Verdugo Hills (Heritage)	24681
Lakeside Medical Group East – Glendora (Heritage)	24674
Lakeside Medical Group East – Pomona (Heritage)	24679
Lakeside Medical Group East – San Gabriel Valley (Heritage)	24686
Lakeside Medical Group East – West Covina (Heritage)	24675
Lakeside Medical Group West – Agoura Hills (Heritage)	24672
Lakeside Medical Group West – Tarzana (Heritage)	24684
Lakeside Medical Group West – West Hills/ Canoga Park (Heritage)	24683
Physician Associates HealthCare Partners Medical Group San Dimas	028419
Physician Associates HealthCare Partners Medical Group San Gabriel	028422
Regal Medical Group Burbank-Glendale	017556
Regal Medical Group Central Valley	012410
Regal Medical Group Covina	017778
Regal Medical Group Downey	017547
Regal Medical Group East San Gabriel Valley	017555
Regal Medical Group Glendale Physicians Association	023187
Regal Medical Group Long Beach	017552

\* For a full listing of participating medical groups near you, please refer to the Alliance HMO Provider Directory or visit [uhc.com/CalPERS](https://uhc.com/CalPERS).

## Participating Medical Groups.\* (continued)

Group Name	Group #
<b>Los Angeles County (cont.)</b>	
Regal Medical Group Los Angeles	014163
Regal Medical Group San Gabriel Valley	014888
Regal Medical Group St. Francis	017551
Regal Medical Group West Valley	017554
Regal Medical Group Whittier	017550
Sierra Clinic	023023
Sierra IPA	023025
<b>Madera County</b>	
Santé Community Physicians	016405
Santé Community Physicians	016406
<b>Marin County</b>	
Brown & Toland Medical Group	026920
<b>Merced County</b>	
Sutter Gould Medical Foundation/ Gould Medical Group	029365
<b>Orange County</b>	
ADOC Fountain Valley	025400
ADOC Los Alamitos	025401
HealthCare Partners Arta	029878
HealthCare Partners IPA South Coast	028461
HealthCare Partners Medical Group Talbert Orange County	028427
Monarch HealthCare	021963
Regal Medical Group Caduceus	019793
Regal Medical Group Orange County	018831
<b>Placer County</b>	
Sutter Independent Physicians	005204
Sutter Medical Foundation/ Sutter Medical Group	005200
<b>Riverside County</b>	
Beaver Medical Group	027825
Desert Oasis Healthcare	021796
PrimeCare of Citrus Valley	021243
PrimeCare of Corona	005232
PrimeCare of Hemet Valley	009023
PrimeCare of Moreno Valley	003111
PrimeCare of Riverside	008331
PrimeCare of Sun City	004140
PrimeCare of Temecula	006657
Redlands-Yucaipa Medical Group	027828

Group Name	Group #
<b>Riverside County (cont.)</b>	
Regal Medical Group Riverside	021553
Regal Medical Group Temecula	020950
Tri-Valley Medical Group	026432
Valley Physicians Network	026405
<b>Sacramento County</b>	
Sutter Independent Physicians	005204
Sutter Medical Foundation/ Sutter Medical Group	005200
<b>San Bernardino County</b>	
Alliance Desert Physicians	024628
Beaver Medical Group	027825
Chaffey Medical Group	027892
Pinnacle Medical Group	027850
PrimeCare of Inland Valley	006045
PrimeCare of Redlands	001026
PrimeCare of San Bernardino	019383
Redlands-Yucaipa Medical Group	027828
Regal Medical Group APSI	020670
Regal Medical Group Chino Hills	017553
Regal Medical Group San Bernardino	020668
Sierra Medical Group-Santa Clarita	029357
VVIPA Medical Group	028857
<b>San Diego County</b>	
Mercy Physicians Medical Group – Scripps Care Affiliate	026282
Primary Care Associates Medical Group – Scripps Care Affiliate	026443
Scripps Clinic	003682
Scripps Coastal Medical Center	023659
Scripps Physicians Medical Group	005375
UCSD Medical Group	004589
<b>San Francisco County</b>	
Brown & Toland Medical Group	026920
PAMF Mills Peninsula	005200
<b>San Joaquin County</b>	
Sutter Gould Medical Foundation/ Gould Medical Group	029361
Sutter Gould Medical Foundation/ Gould Medical Group	029356
Sutter Gould Medical Foundation/ Gould Medical Group	029364

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## Participating Medical Groups.\* (continued)

Group Name	Group #
<b>San Luis Obispo County</b>	
Coastal Communities Physician Network	028856
Physicians Choice Medical Group (North)	029361
Physicians Choice Medical Group (South)	029356
<b>San Mateo County</b>	
Mills Peninsula Medical Group	025525
Palo Alto Medical Foundation	024896
<b>Santa Clara County</b>	
Palo Alto Medical Foundation	012140
Palo Alto Medical Foundation	023856
Silicon Valley Medical Dev	031727
<b>Santa Cruz County</b>	
Palo Alto Medical Foundation	023859
<b>Solano County</b>	
Sutter Medical Foundation/ Sutter Medical Group	024365
<b>Sonoma County</b>	
Sutter Pacific Medical Foundation/ Sutter Medical Group of The Redwoods	024624
<b>Stanislaus County</b>	
Sutter Gould Medical Foundation/ Central Valley Medical Group	029354
Sutter Gould Medical Foundation/ Gould Medical Group	029350
Sutter Gould Medical Foundation/ Gould Medical Group	029358
<b>Ventura County</b>	
Lakeside Medical Group Simi Valley	024682
Lakeside Medical Group Thousand Oaks	024678
Regal East Ventura County	021557
Regal West Ventura County	022251
<b>Yolo County</b>	
Sutter Medical Foundation	009695

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## Enroll.

Now that you've had a chance to review the Alliance HMO plan details, you're ready to get started.



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**Now you're  
in the know.**

**And good  
to go.**



Rally® Health provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the health survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

Virtual Visits are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times or in all locations.

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