

# WE SPECIALIZE IN MEDICAL CERTAINTY

Through Fresenius, you have an exclusive membership to 2nd.MD, a virtual expert medical consultation and navigation service. We connect you with a board-certified, elite specialist for a virtual expert medical consultation via phone or video from the comfort of home.

2nd.MD specializes in medical certainty by providing access to elite specialists for questions about:

- Diseases, cancer, or chronic conditions
- Surgeries or procedures
- Medications and treatment plans

## WHO IS ELIGIBLE?

2nd.MD is confidential, fast and no additional cost to you and your family members covered by the UnitedHealthcare medical plan.

## IMPORTANT PROGRAM INFORMATION

Beginning in January 2024, Fresenius employees enrolled in the UHC medical plan, who complete a consult with 2nd.MD can earn \$100 on Rally. UHC enrolled spouses can earn 100 coins on Rally when they complete a consult with 2nd.MD. For more details, visit Rally at [RallyHealth.com/FMCNA](https://RallyHealth.com/FMCNA).

### Avoid Penalty Fees

As part of your UnitedHealthcare Medical plan, it is required that you consult with 2nd.MD prior to any spine surgery, hip replacement, knee replacement or shoulder replacement. If you do not take this step, you will receive a \$500 penalty to your surgery/procedure claim, and the amount will not apply toward your deductible or out-of-pocket maximum. It is your choice to follow the guidance of the 2nd.MD specialist.

At Fresenius, we want to make sure our employees and their families are equipped with expert information about their treatment, diagnosis, and surgical recovery.

CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY. 2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.



## HOW IT WORKS: *3 Simple Steps*

### 1. ACTIVATE YOUR ACCOUNT AND REQUEST A CONSULT

Visit [www.2nd.MD/fmcna](https://www.2nd.MD/fmcna), download our app or call us at 1.866.269.3534

### 2. SPEAK WITH A NURSE

Explain your medical issues and an experienced nurse will handle the rest, including collecting medical records and connecting you with a leading specialist who is an expert in your condition.

### 3. CONSULT WITH A LEADING SPECIALIST

Get information about your diagnosis, treatment plan and next steps in care from a nationally recognized specialist. Consult via video or phone at a time that works best for you, including evenings and weekends!

## AFTER YOUR CONSULTATION

You'll receive a written summary of your consultation so you're prepared for a conversation with your treating doctor or we can refer you to another in-network doctor in your area.

# 92%

of users would  
recommend 2nd.MD  
to family or friends\*

# 87%

of 2nd.MD consults  
result in improved  
treatment plans\*